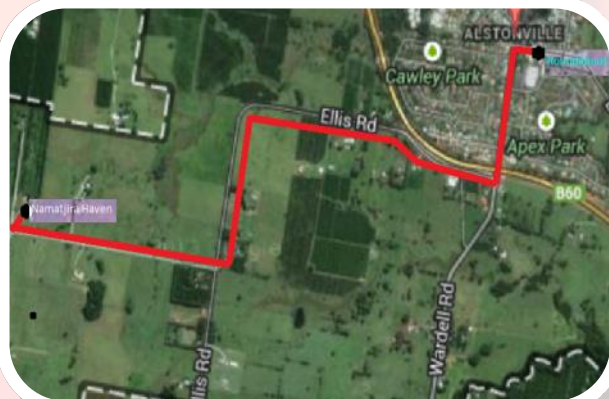


Namatjira Haven Drug & Alcohol Healing Centre is situated on Widjabul/ Wyabul land in the rolling hills of the Far North Coast of NSW at Alstonville mid-way between Lismore and Ballina.

Set in peaceful rural surrounds, Namatjira Haven is close to major Centres, yet far enough away from the hustle and bustle to allow you a quiet opportunity to consider and discuss the changes you need to make in your life.

Our **“Gulgiwen Change Program”** is intended to provide education and support towards addressing the issues that have led to problematic substance use and to improve health and well-being .

With the support of experienced Staff we offer a compassionate and culturally focused professional program of change, centered on self responsibility to achieve your goals in healing.



We advise that you should firstly ring us and see if you are eligible before you complete any paperwork. There are a number of health, well-being and legal situations which we cannot cater for. Please call and ask for the Intake Officer or visit our website.



Namatjira Haven Residential Program
Information Brochure. Version 19-06-2020.
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We acknowledge the traditional custodians and pay our respects to Elders past and present.



**DRUG & ALCOHOL
HEALING CENTRE**
*Residential Program
for Aboriginal Men*



Our Address is
**108 Whites Lane
(PO Box 14)
Alstonville NSW 2477**
Phone: 02 66281098
Fax: 02 66280520
E-mail: admin@namatjirahaven.com
www.namatjirahaven.com.au

ABOUT NAMATJIRA HAVEN

In the 1960's Pastor Frank Roberts, his brother Fletcher Roberts and a group of community members were concerned about the impact alcohol was having on the Aboriginal community. Their vision was to have a place of healing, a special place where people could have time out to work on their issues. After many years of hard work and lobbying government departments, funding was granted and Namatjira Haven was opened on 12th May 1979.

The Centre is located in Bundjalung Country on NSW Far North Coast near Alstonville on 5 acres.



Today Namatjira Haven provides a residential setting for Aboriginal men who are motivated to seek positive change in a culturally healing environment.

You will have an individual Case Manager to encourage, challenge and guide you through your Program. We encourage communication with family and supports and visits to our service.

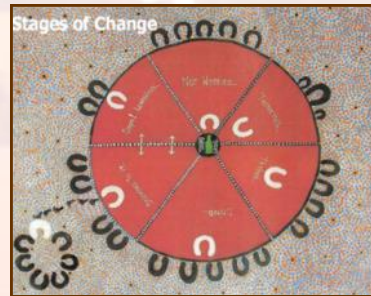
How long is the Program?

There is no set program length. 6-8 weeks for under 21 year olds and there are options for 4-9 month residency for men addressing complex substance misuse and associated issues. We have very few justice funded beds and the average stay for those beds is 3 months.

Honesty, Confidentiality, Respect, No Violence, Trust, Self Responsibility

Respect, trust, self responsibility, confidentiality and honesty are essential elements of our healing process. We treat breaches of confidentiality seriously, however we will share information among the Team and with other professionals with your permission in the interests of your healing. We will advise authorities in respect of child protection and self harm concerns to meet our legal obligations.

Namatjira Haven is a violence and hatred free site. Please leave these at the gate.



Rents

Rent is charged at approximately 65% of your income, paid two weeks in advance. **(contact our admin staff for a rental estimate)**

Phone Contact

You are able to bring a mobile phone for use at set times only. These times will be explained on entry. *Messages will be passed on to you through Admin in an Emergency during non mobile phone hours.*

Give your family the office number in case of Emergencies - 0266281098



Visitors

Visiting hours are on Sundays between 12.30. and 4.30pm. And every second Saturday 12.30 to 4.30pm. No visitor is allowed entry who is under the influence of any substance. Residents are responsible for their visitors and children at all times. Visitors are not to enter any rooms apart from the dining area. Families are welcome to bring a picnic lunch. Visitors outside of these times must be pre approved by the Manager.

Residents and staff are responsible for all household cleaning and personal hygiene.

Smoking - Namatjira Haven is a smoke free site. There is a designated smoking area for smokers. We will encourage you towards tobacco reduction or cessation while at Namatjira Haven to improve your health and finances.

Laundry - You are responsible for your laundry. You will be supplied with laundry liquid on arrival. Further bottles you will need to purchase.

Shopping - You will have twice weekly access to shops to obtain personal items however you must be aware that our locality does not allow for daily shopping so you must manage your personal needs.

Banking - you must arrive with a current keycard and Medicare card. We have no banks in our area and if you regularly put money in another persons account you will need to set up online banking prior to entry. See your bank for this.

Leave - No leave is granted before 10 weeks unless for compassionate reasons. If you are on MERIT your court appearances are adjourned until you have finished your program.