

Namatjira Haven Drug & Alcohol Healing Centre is situated in the rolling hills of the Far North Coast of NSW at Alstonville mid-way between Lismore and Ballina.

Set in peaceful rural surrounds, Namatjira Haven is close to major Centres, yet far enough away from the hustle and bustle to allow you a quiet opportunity to consider and discuss the changes you need to make in your life.

Our **“Gulgiwhen Change Program”** is intended to provide education and support towards addressing the issues of substance misuse, abuse and criminality, and improve health and well-being .

With the support of experienced Staff we offer a compassionate and culturally focused professional program of change, centered on self responsibility to achieve your goals in healing.



We advise that you should firstly ring us and see if you are eligible before you complete any paperwork.

There are a number of health, well-being and legal situations which we cannot cater for. Please call and ask for the Intake Officer or visit our website.



Namatjira Haven Residential Program
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DRUG & ALCOHOL HEALING CENTRE
Residential Program for Aboriginal Men



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ABOUT NAMATJIRA HAVEN

In the 1960's Pastor Frank Roberts, his brother Fletcher Roberts and a group of community members were concerned about the impact alcohol was having on the Aboriginal community. Their vision was to have a place of healing, a special place where people could have time out to work on their issues. After many years of hard work and lobbying government departments, funding was granted and Namatjira Haven was opened on 12th May 1979.

The Centre is located in Bundjalung Country on NSW Far North Coast near Alstonville on 5 acres.



Today Namatjira Haven provides residential programs for Aboriginal men requiring assistance in dealing with substance misuse, abuse, anger, Family violence issues and criminality.

You will have an individual Case Manager to encourage, challenge and guide you through your Program. We can also support your partner and family members if needed.

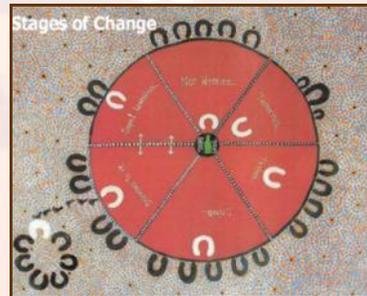
How long is the Program?

There is no set program length. The average stay is 3 months for Justice referrals, 6-8 weeks for under 21 year olds and there are options for 4-9 month residency for men addressing complex substance misuse and associated issues.

Honesty, Confidentiality, Respect, No Violence, Trust, Self Responsibility

Respect, trust, self responsibility, confidentiality and honesty are essential elements of our healing process. We treat breaches of confidentiality seriously, however we will share information among the Team and with other professionals with your permission in the interests of your healing. We will advise authorities in respect of child protection and self harm concerns to meet our legal obligations.

Namatjira Haven is a violence and hatred free site. Please leave these at the gate.



Rents

Rent is charged at approximately 65% of your income, paid two weeks in advance. **(contact our admin staff for a rental estimate)**

Phone Contact

You are able to bring a mobile phone for use at set times only. These times will be explained on entry. *Messages will be passed on to you through Admin in an Emergency during non phone hours.*

Give your family the office number in case of Emergencies - 0266281098



Visitors

Visiting hours are on Sundays between 12.30 and 4.30pm. And every second Saturday 12.30 to 4.30pm. No visitor is allowed entry who is under the influence of any substance. Residents are responsible for their visitors and children at all times. Visitors are not to enter any rooms apart from the dining area. Families are welcome to bring a picnic lunch. Visitors outside of these times must be pre approved by the Manager.

Residents are responsible for all household cleaning and personal hygiene.

Rooms

There are single and shared rooms. All rooms have glass sliding doors onto a covered veranda. Staff must be allowed access to rooms for inspection in the resident's presence.

Smoking

Namatjira Haven is a smoke free site. There is a designated smoking area for smokers. Please ask for assistance in tobacco reduction.

Laundry

You are responsible for your laundry. Please bring some laundry powder with you as it is not supplied.

Shopping

You will have regular access to shops to obtain personal items however you must be aware that our locality does not allow for daily shopping so you must manage your personal needs.

Leave

No leave is granted before 10 weeks unless for compassionate reasons. No court appearances during initial 12 weeks are allowed.